Keeping Kids with Diabetes Safe: A Workshop for Nurses Who Care for Kids In School and Community Settings

Saturday, Oct. 13, 2018

Ruth and Tristram Colket, Jr. Translational Research Building on the Raymond G. Perelman Campus

Learn more: chop.cloud-cme.com



Breakthroughs. Every day:



### **COURSE INFORMATION**

#### **COURSE OVERVIEW**

The Diabetes Center for Children at Children's Hospital of Philadelphia is offering a course for nurses practicing in a variety of sites where children with diabetes are entrusted to their care. Nurses who provide care to children in schools, homecare settings, primary care offices and behavioral health settings, and those involved in child protective services and case management will benefit from this workshop.

This course is designed to provide a solid foundation in current diabetes management. Topics to be reviewed will include: treatment of type 1 and type 2 diabetes; self-care management principles; understanding and using diabetes technology (insulin pumps and continuous glucose monitoring systems) to improve outcomes; and effect of psychosocial factors on children and families living with diabetes.

#### **GENERAL INFORMATION**

The conference will be held on Saturday, Oct. 13, 2018, in the Ruth and Tristram Colket, Jr. Translational Research Building on the Raymond G. Perelman Campus. Registration will begin at 8 a.m. The \$125 registration fee includes a light breakfast, breaks, lunch, syllabus materials and parking.

#### **COURSE OBJECTIVES**

Upon completion of this course, participants should be able to:

- Describe social determinates of health and how they impact health outcomes of children with diabetes
- Describe current practice guidelines for treating type 1 diabetes and optimizing health outcomes for children
- Demonstrate a basic understanding how technology (insulin pumps, closed loop systems and continuous glucose monitoring systems) can be used to improve diabetes outcomes
- Demonstrate familiarity of how to use diabetes technology to manage children with diabetes
- Describe how psychosocial factors impact diabetes outcomes and quality of life
- Understand principles of current of type 2 diabetes management

continued on Page 3

# CONTINUING NURSING EDUCATION APPROVED PROVIDER STATEMENT

Children's Hospital of Philadelphia is an approved provider of continuing nursing education by the Pennsylvania State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This conference will provide a maximum of 4 continuing nursing education contact hours.

#### CANCELLATION AND REFUND POLICY

Children's Hospital of Philadelphia reserves the right to cancel or postpone any course due to any unforeseen circumstances. In the event of cancellation or postponement, Children's Hospital of Philadelphia will refund any registration fees, less a \$40 service fee, but is not responsible for any related costs, charges or expenses to participants, including cancellation charges assessed by hotels, airlines or travel agencies. In order to process refunds for course withdrawals, cancellations must be received in writing by Friday, Sept. 28, 2018. No refunds will be issued thereafter.

#### SERVICES FOR PEOPLE WITH DISABILITIES

If special arrangements are required for an individual with a disability to attend this meeting, please contact the Continuing Medical Education Department at 215-590-5263.



# PROGRAM | SATURDAY, OCT. 13, 2018

8 a.m. Registration and Light Breakfast

8:30 a.m. Keynote Address

Social Determinants of Health Terri Lipman, PhD, CRNP

9:30 a.m. Type 1 Diabetes: Strategies for Optimizing

**Diabetes Control** 

Melissa Rearson, MSN, CRNP

Jennifer Tsafos, RD, LDN, CNSD, CDE

10:30 a.m. Break

10:45 a.m. Breakout Session I (Choose one)

1. Caring for Children Who Are Using Insulin Pumps and Continuous Glucose Monitoring Systems Regina Taddeo, MA, RN, CDE, CPT

2. How Psychosocial Factors Impact Living with Diabetes

Tressa Dabney, MSW, LCSW

11:45 a.m. Lunch

12:45 p.m. Breakout Session II (Choose one)

1. Diabetes Technology: Hands-on with Insulin Pumps, Continuous Glucose Monitoring Systems Regina Taddeo, MA, RN, CDE, CPT

2. Update on Type 2 Diabetes in Children and Adolescents

Maureen Dever, MSN, CRNP, CDE

1:45 p.m. Conference Adjourns

## **COURSE FACULTY**

Unless otherwise noted, faculty is from Children's Hospital of Philadelphia and/or the Perelman School of Medicine at the University of Pennsylvania.

#### **COURSE DIRECTORS**

Linda Ath, MSN, CRNP Pediatric Nurse Practitioner

Kathryn Murphy, RN, PhD Specialty Program Manager

#### **COURSE FACULTY**

Tressa Dabney, MSW, LCSW Social Worker

Maureen Dever, MSN, CRNP Pediatric Nurse Practitioner

**Terri Lipman, PhD, CRNP** *Pediatric Nurse Practitioner* 

Melissa Rearson, MSN, CRNP Pediatric Nurse Practitioner

Regina Taddeo, MA, RN, CDE Diabetes Educator

Jennifer Tsafos, RD, LDN, CNSD, CDE Clinical Dietitian

# Register online: chop.cloud-cme.com

©2018 Children's Hospital of Philadelphia. 18CME0225/WEB/06-18